

## SUBSTANCE PANEL BULLETIN

### The Addition of Ketamine and Tramadol to The Substance Panel

Date: 28<sup>th</sup> September 2021

The safety of Network Rail’s workforce, contractors, the travelling public and our neighbours is Network Rail’s priority. As a result of this, we continuously review and improve the way in which we manage safety.

Following an internal audit and external benchmarking exercise Network Rail has made the decision to incorporate two additional substances into the testing panel: Ketamine and Tramadol. Network Rail has commenced testing for these substances and would like for all contractors working on our infrastructure to be tested for these substances. The date in which we are asking for testing to commence is 4th December 2021.

*These changes will impact on the documented Management System procedures, associated forms and the Master List of Standards managed by PRB Consulting. We will ensure that these changes are reflected in your systems in the coming months.*

NR/L1/OHS/051 will be updated and merged with NR/L2/OHS00120. The new standard will be published shortly and will include the testing of both existing and new substances:

<ul style="list-style-type: none"> <li>• Amphetamines</li> <li>• Benzodiazepines</li> <li>• Cannabis</li> <li>• Cocaine</li> <li>• MDMA (ecstasy)</li> </ul>	<ul style="list-style-type: none"> <li>• Methadone</li> <li>• Opiates</li> <li>• Tramadol</li> <li>• Ketamine</li> </ul>
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We will continue to review the substance panel regularly in order for us to remain up to date in substance use trends and will inform you should any future changes be required.



